



Breckinridge County AG Newsletter

May 2023

Cooperative Extension Service
Breckinridge County
1377 S. Hwy 261
Hardinsburg, KY 40143
(270) 756-2182
Fax: (270) 756-9016
<https://breckinridge.ca.uky.edu>

Agent's Corner

I hope you are working to get all those crops out, even if it is a garden or a flower garden. This time of year supper is hard to come by, but it is so rewarding to come in from a late day out in the field, garden, yard or even your kids or grandkids ballgames. Just enjoy the warm longer days of Spring into Summer.

Be on the lookout for Summer time field days to expand your knowledge.

After attending a few winter beef marketing meetings, I learned or finally woke up to the fact that cattle prices are the highest they've been in several years. As with any increase in commodity prices, we as farmers tend to go overboard and test the system.

Here are some things I have already heard from producers:

MYTH

*calf prices are so high, it won't pay me to vaccinate or castrate calves.

REALITY

*Best management practices will always pay. Once you get out of the practice, it is so hard to get back in the groove.

MYTH

*Fertilizer prices are so high, I cannot afford to put out any, or maybe I will put on 1/2 of what I usually do.

FACT

*Maintaining fertility levels, will pay off in the 'lean' years, by keeping the soil fertility at UK recommended levels. Pasture and hay growth will not slump causing a set back for a couple of years, which may cause an increase in weeds and therefore a disastrous couple years of hay and pasture growth. The same can be said for grain crops.

Sincerely,

Carol M. Hinton

Carol M. Hinton
Extension Agent
For Agricultural/Natural Resources Education
Breckinridge County



4-H Poultry

2 NIGHT SERIES

May 24 - 6pm ct

- Overview
- Breeds of Chickens
- Incubation
- Embryology & Candling
- Brooding
- Feeding and Husbandry
- Showing Poultry

May 25 - 6pm ct

- Care & Marketing of Eggs
- Processing Chicken
- Meat Bird Pen of Three Competitions
- Nutritional Information
- Frittata Cooking Demonstration



Breckinridge Co. Extension Service
1377 S. Hwy 261 Hardinsburg



(270) 756-2182 / (270) 505-5600



williamm.crawford@ksu.edu





Nothing else comes close

Cooperative Extension Service



KENTUCKY STATE
UNIVERSITY
College of Agriculture, Community, and the Sciences

**Open every Saturday--6:30 a.m. (ct)
until products are sold
June 17 thru October 2023**

**Open every Tuesday--3 p.m. (ct)
until products are sold
June 27 thru October 2023**

Location:

**1377 South Hwy 261, Hardinsburg, KY
Behind the Breckinridge County Extension Office
in the Extension Farmers' Market and Educational Facility,
on the corner of US 60 By-Pass and Hwy 261**

**Accepting WIC and Senior Citizens' Market Card--
WIC Card--contact the Health Dept. at 270-756-5121
Senior Citizens' Card-- contact the Breckinridge County Extension Service
at 270-756-2182**

**Wide variety of fruit and vegetables.
This is a great opportunity to come out and meet
the producers who work hard producing
the high quality produce that you enjoy.**

**For more information call 270-756-2182
Funded in part by Kentucky Agricultural Development Funds**



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities
accommodated
with prior notification

2023 Breckinridge County Fair Schedule

Fair Schedule June 14-17, 2023 (all times CT)

Sunday, June 11- Hardinsburg Elementary School (\$5 Admission)
12:00pm: Doors Open
1:00 pm: Baby and Little Mister & Miss pageants
2:00 pm: Pageant interviews
4:00 pm: Pre-teen, Teen, and Miss Pageants

Gates open at 4:00 pm Wednesday - Friday, 11:00 am Saturday

Tuesday, June 13
4:30 pm to 6:00 pm: Family Living and 4H Exhibit Check in
10:00 am-11:30 am: Youth Rabbit Check in
6:00 pm: Youth Rabbit Judging

Wednesday, June 14 (\$10 gate entrance fee)
7:00am-9:00am: Family Living and 4H Exhibit Check in
8:30 am-10:00 am: Market Steer, Market Heifer, Lamb, Swine, and Goat weigh-in and Breeding Heifer Check-In
12:00 pm: Family Living and 4H Exhibit Judging
5:00 pm: Carnival opens
5:00 pm: Horse Show Warm Ups
6:00 pm: Youth Market/Breeding Beef Livestock Show followed by Youth Market Goat Show
6:00 pm: Feudin' at the Fair under Pavilion
7:00 pm: Horse Show
8:00 pm: Karaoke (after Feudin' at the Fair)

Thursday, June 15 (\$10 gate entrance fee)
8:00 am: Youth Market Swine Show and Youth Market Lamb Show
9:00 am-12:00 pm- Youth Rabbit Checkout
10:00 am-11:00 am: Senior Day look through Merchants Building
12:30 pm-2:00 pm: Senior Day Bingo
5:00 pm: Carnival opens
6:00 pm: Youth Premium Livestock Auction
6:30 pm: Sibling Showdown under Pavilion
7:30 pm: Demo Derby
By 10:00 pm All Livestock must be removed from fairgrounds

Friday, June 16 (\$15 gate entrance fee)
5:00 pm: Carnival Opens
7:30 pm: Demo Derby
8:30pm: Branden Martin under the Pavilion

Saturday, June 17 (\$15 gate entrance fee)
8:00 am-10:00 am Family Living & 4-H Exhibit Checkout
8:00 am: BBQ Cookoff Check In
10:00 am: Fair Parade
2:00 pm: RC Pullers in Lower Livestock Barn
2:00 pm: Cornhole in Merchants Building

4:00 pm: Dessert Thowdown Check-in Begins in Main Pavilion
4:00 pm: Mini Truck Pull in Upper Livestock Barn
5:00 pm: Carnival Opens
5:00 pm: Truck & Tractor Pull Weigh In
5:30 pm: Dessert Thowdown Judging Begins
6:00 pm: Truck & Tractor Pull
6:30 pm: BBQ Cookoff Judging
9:00 pm: The Lohden Boys under Pavilion

The Breckinridge County Fair is planned and conducted according to the Kentucky Department of Agriculture regulations for the use of state funds.

217 Fairgrounds Rd
PO Box 71
Hardinsburg, KY 40143
www.breckinridgecountyfair.com
breckcofair@yahoo.com

Breckinridge County Farm Bureau- Kenny Compton
Breckinridge County Fair Board- Jaclyn Walden
Breckinridge County Extension- Carol Hinton
Breckinridge County FFA- Rob Dehaven
Breckinridge County Family and Consumer Science Agent- Lynette Allen

2023 CHARITY DRIVE June 14th - 17th Breckinridge County Fair **\$500 Cash Prize**

Receive 1 chance PER \$5 donated

ALL PROCEEDS THIS YEAR GO TO:

Music at the Island and Cops for Kids.

Music at the Island raises money for Cops for Kids, which has enabled children and seniors to enjoy some of the basic necessities that were not available to them through other agencies.

Gate admission still applies for entry into fair, \$500 cash prize donated by the Breckinridge County Fair Board.

The Poultry-related webinars will be shown at the Breckinridge County Extension Farmers' Market & Educational Facility at 2 p.m. (CT) on the dates listed below. If you are interested in attending, please call the Extension Office at 270-756-2182 to register.

eXtension Poultry-related Webinars and Other Poultry Resources

Source: Dr. Jacquie Jacob , UK Poultry Extension Project Manager

In conjunction with the Universities of Wisconsin, Florida, Minnesota, The Ohio State University and Utah State University, UK will host 10 Zoom sessions in 2023 on everything from reproductive issues to managing poultry flocks on pasture.



The upcoming webinars schedule is:

Doing fecal flotations for the identification of intestinal parasites in poultry (June 6, 2023 @ 3 PM Eastern Time) – The day is subject to change due to the availability of the speaker

Sanitizing in a poultry house (August 1, 2023 @ 3 PM Eastern Time)

Organizing a county poultry show (September 5, 2023 @ 3 PM Eastern Time)

Respiratory issues with poultry (October 3, 2023 @ 3 PM Eastern Time)

Designing a small flock poultry house (November 7, 2023 @ 3 PM Eastern Time)

Managing a poultry flock on pasture (December 5, 2023 @ 3 PM Eastern Time)

Recordings from all past webinars are available at [PAST WEBINARS – Small and backyard poultry \(extension.org\)](#)

We also have a YouTube channel - @poultryextension - <https://www.youtube.com/channel/UCRMPDhvuDXb2sjDTF3Tj7w>

And a Facebook page at <https://www.facebook.com/poultryextension>

FSA News!

The Farm Service Agency is providing assistance through the Pandemic Assistance Revenue Program and the Emergency Relief Program Phase Two.

The deadline to apply is June 2, 2023.

Please contact the office at 270-756-5263 for questions or an appointment.

2023 Pest Management Field Day

at the UKREC Farm

June 29, 2023

Location: 1205 Hopkinsville St., Princeton, KY 42445
Time: 8:30 a.m. to 12:30 p.m. CDT — Sign-in begins at 8 a.m. CDT



Pre-registration is highly recommended by June 22, 2023
by either scanning QR Code, clicking web link, or by telephone.

https://uky.az1.qualtrics.com/jfe/form/SV_4PjveAug6mK9rXU

Or contact the UKREC at (270) 365-7541, ext. 22569.

Topics and Speakers

- | | |
|---|-------------------------|
| • Palmer amaranth and Waterhemp control | <i>Travis Legleiter</i> |
| • Weed Control in early planted soybean | |
| • Weed Control in corn | |
| • Italian ryegrass Research Update | |
| • Herbicide Resistant Johnsongrass | <i>JD Green</i> |
| • Weed Management utilizing cover crops | <i>Erin Haramoto</i> |
| • Corn Disease Research Update | <i>Kiersten Wise</i> |
| • Entomology Research Update | <i>Raul Villanueva</i> |

**Continuing Education Units for
Certified Crop Advisors and Kentucky pesticide applicators available**

Follow us on Twitter: @TravisLegleiter and @KYGrainCropsIPM

Like us on Facebook: KY Grain Crops IPM

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LEXINGTON, KY 40546



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Integrating Sustainability in a Solar Farmhouse and Organic Market Garden

June 20, 2023, 1-4pm ET
Cedar Ring Greens, Frankfort KY

For nearly two decades, Cedar Ring Greens farm in Frankfort has operated with a commitment to sustainability, which includes improving the health of the land, encouraging biodiversity, working for food justice, and powering their home and farm with the sun. Join this OAK Field Day to tour the home and market gardens of Cedar Ring Greens with Andy McDonald and Mehera Baugher.

Andy will share their use of solar energy on the farm, along with their barn, packing shed, site-built walk-in cooler, and two small greenhouses they designed. He'll also walk participants through sustainable components of the on-farm home that he and Connie Lemley renovated using passive solar design, solar electric and solar hot water, a composting toilet and greywater systems.

Mehera will share the farm's certified organic market gardens, highlighting the minimal till systems of bed prep, seeding and harvesting used in their diverse vegetable production; covered crop protection with row covers and tunnels; cover cropping in rotations for soil health; and hedgerows for pollinator biodiversity.

Any interested farmer or allied professional is encouraged to attend.

Participation is limited, so register today!

Pre-registration is required - \$5 OAK Member; \$10 Non-Member



oak-ky.org/field-days or (502) 218-7378 to register

The Organic Association of Kentucky's (OAK) Field Days are on-farm and virtual learning opportunities offered monthly for farmers, ag professionals and local food system advocates. OAK welcomes farmers from all types and scales of farms - large and small scale, organic and conventional, urban and rural.

ADULT HEALTH BULLETIN



MAY 2023

Download this and past issues
of the Adult, Youth, Parent, and
Family Caregiver Health Bulletins:
[http://fcs-hes.ca.uky.edu/
content/health-bulletins](http://fcs-hes.ca.uky.edu/content/health-bulletins)

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THIS MONTH'S TOPIC: GARDENING SAFELY



The warm spring weather has many people excited to get outside and begin seasonal yard and garden work. Gardening is a great way to be physically active, enjoy the outdoors, and beautify your home or yard. There are added health benefits to growing your own vegetables, fruit, and herbs, as well. As with any activity though, it is important to know how to move prudently, use equipment properly, and interact with nature responsibly.

According to the Consumer Product Safety Commission (CPSC), more than 400,000 people visit emergency rooms each year for injuries related to outdoor

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Wearing the proper gloves will help reduce blistering and protect your skin from chemicals, bacteria, and fungi that live in the soil.

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garden tools. It is important to stay safe when working with outdoor tools. The American Society of Surgeons of the Hand (ASSH) recommends taking the following precautions when gardening:

- **Wear gardening gloves:** Wearing the proper gloves will help reduce blistering and protect your skin from chemicals, bacteria, and fungi that live in the soil. Hands and fingers are prone to small cuts and scrapes that can become easily infected when exposed to dirt and germs. Leather gloves protect against thorns, poisonous plants, insect and animal bites, and other skin irritants in the garden. Gloves also prevent sun damage.
- **Avoid strenuous repetitive motions:** Unless you are used to the activity, repetitive motions such as digging, raking, trimming hedges, pruning bushes, or planting bulbs may cause muscle or skin damage. Rotate gardening activities every 15 minutes with a brief rest in between so the same muscles are not overused.
- **Be aware of your grip:** Grip strength is at its maximum when the wrist is in a relaxed or neutral position. Studies have shown that people lose up to 25% of their grip strength when their wrist is bent. Only use hand tools with the appropriate hand, for example, do not grip a right-handed tool with your left hand. Try to square up your shoulders in front of where you are working instead of reaching across your body.
- **Use proper equipment and tools:** Use a hand shovel or rake rather than your hands for digging. Sharp objects and debris buried in the soil may cut you. If possible, remove clear sharp objects like broken glass, old labelling stakes, and unused tools from the work area before beginning the task to avoid causing damage. Additionally, avoid accidents by using tools for their intended purposes only.

Other important tool tips:

- When purchasing pruners, loppers, or shears, look for pairs that feature a safety lock.



- Avoid products with form-fitting handles. These tools only fit one size of hand perfectly. If your hand is too large or too small, it will put more stress on your hand.
- Always follow the manufacturer's instructions for the tool.
- Keep sharp tools away from children at all times.
- Always unplug electrical tools and power off gas-powered motors when not in use.

If you do end up with an injury, keep the following guidelines in mind to know when to seek emergency medical care. Seek medical attention immediately if:

- Continuous pressure does not stop the bleeding after 15 minutes.
- You notice persistent numbness or tingling in the fingertip or have trouble moving the finger.
- You are unsure of your tetanus immunization status.
- You are unable to thoroughly clean the wound by rinsing with a mild soap and plenty of clean water.

REFERENCE:

<https://www.assh.org/handcare/safety/gardening>

ADULT
HEALTH BULLETIN

Written by:

Katherine Jury, MS

Edited by: Alyssa Simms

Designed by: Rusty Manseau

Stock images:

123RF.com



Save the Date **July 25, 2023**



Corn, Soybean & Tobacco Field Day

UKREC Farm, Princeton KY

EQUIPMENT FOR RENT

The Extension Office has a No-Till Seed Drill, an in-line silage Hay Wrapper and Boomless Pasture Sprayers available for rent.

For more information on renting or to schedule a date to use call:

Seed Drill —
Hobdy Dye & Reed at 270-756-2555

Hay Wrapper —
Wright Implement at 270-756-5152

2 -Pasture Sprayers —
Carol Hinton at 270-617-3417



RINSE AND RETURN PLASTIC PESTICIDE CONTAINER PROGRAM



Breckinridge County Extension Pavilion

Hardinsburg, KY 40143

Tuesday, September 5, 2023

Time: 12:30 p.m. to 2 p.m. (ct)

**Jugs must be triple rinsed, hole punched in bottom or side and
free from paper label and most dirt.**



2022 KYCorn Annual Report

Anyone interested in this report can find it online at
<https://kycorn.org/whoweare-annualreports/>

Breckinridge County Recycling Program



All recycling sites are
accessible 24 hours a day,
seven days a week.

Stop by one of the following recycling centers near you:

Breckinridge County High School
Cloverport Fire Department
Auggie Doggie's, Garfield
St. Romuald Gym, Hardinsburg
McQuady Firehouse
Breckinridge County Extension Office
Rough River Corp of Engineers Office
McDaniels Community Center
Frederick Fraize High School, Cloverport
Hardinsburg Elementary School
Union Star

Almanac Tidbits for: May

Plant above ground crops — 2-4, 21-23, 29-31

Plant Below ground crops — 5, 8, 9, 13, 14, 17, 18

Seed Beds — 4, 5, 21-23, 31

Kill plant pests: — 1, 6, 7, 10-12, 15, 16, 19, 20, 24-28

Aries		♈
Taurus		♉
Gemini		♊
Cancer		♋
Leo		♌
Virgo		♍
Libra		♎
Scorpio		♏
Sagittarius		♐
Capricorn		♑
Aquarius		♒
Pisces		♓

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To file a complaint of discrimination, contact Tim West, UK College of Agriculture, 859-257-3879; Dr. Sonja Feist-Price or Terry Allen, UK Office of Institutional Equity and Equal Opportunity, 859-257-8927; or the USDA, Director Office of Civil Rights, Room 326-W Whitten Bldg., 14th & Independence Ave. SW, Washington, DC 20250-9410 (866-632-9992).