

# 4-H NEWSLETTER

**Cooperative Extension Service**  
 Breckinridge County  
 1377 S Hwy 261  
 Hardinsburg, KY 40143

## Help Youth find their Spark with a SPIN Club!

A SPIN Club is a short-term club that provides an experience for a specific topic. These are led by volunteers who are knowledgeable and passionate about a topic. SPIN clubs must meet at least six hours, but the schedule depends on what fits the content best. Some may meet for one day, or some may meet on multiple evenings. These clubs are open to all Breckinridge County 4-H Youth, whether they are current 4-H members or new. Participants will get to join 4-H as part of their experience.

Do you have a hobby or skill you would like to share through a SPIN club?

From martial arts to cake decorating, sewing to fishing, there are so many possibilities when it comes to helping youth find their spark!

If you are interested in volunteering with Breckinridge County 4-H, please reach out to Anna Denny at 270-756-2182 or [Anna.Denny@uky.edu](mailto:Anna.Denny@uky.edu).



Anna Denny  
 Extension Agent,  
 4-H Youth Development  
 Education  
 Breckinridge County

## IN THIS ISSUE

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- Fall Fun Dance
- Livestock Club Schedule
- Pumpkins and Pastels
- Volunteer!
- Delivery Methods
- Fundraising
- Project Clubs
- Paper Clover
- Community Survey



*The Breckinridge County 4-H Treble Chorus performs at the Holt House Community Day. See page 2 for more.*



# MARK YOUR CALENDAR

# IMPORTANT DATES

## October

- 1- National 4-H Week Begins
- 4- TSC Paper Clover Campaign Begins
- 5- Sewing Workshop
- 6- Shooting Sports Fall Coaches Certification
- 7- Shooting Sports Fall Coaches Certification
- 7- Healthy Minds Community Event
- 7- Last Day of National 4-H Week
- 8- Shooting Sports Fall Coaches Certification
- 10- Art Club Meeting
- 10- Livestock Club Meeting
- 15- TSC Paper Clover Campaign Ends
- 16- 4-H Awards Night
- 19- Rabbit Club Meeting
- 23- Pumpkin & Pastels Workshop
- 27- Fall Costume Dance

## November

- 2- North American Livestock Expo Starts
- 15- T-shirt Orders Due
- 16- Livestock Club Meeting
- 16- Rabbit Club Meeting
- 16- North American Livestock Expo Ends
- 16- KY 4-H Issues Conference
- 17- KY 4-H Issues Conference
- 18- KY 4-H Issues Conference
- 23- Office CLOSED for Thanksgiving Holiday
- 24- Office CLOSED for Thanksgiving Holiday

## 4-H Treble Chorus Performs at the Joseph Holt Home Community Day

On Saturday, September 23rd, The Breckinridge County 4-H Treble Chorus performed during the 15th Annual Holt Home Community Day. This was a free public event with interactive reenactments with guests dressed for the era, cannon firing, a vintage, Civil War area baseball game, presidential wreath laying ceremony, patriotic and period music, and much more.

The Breckinridge County 4-H Treble Chorus continues to travel the county and statewide to sing and perform in diverse settings and audiences, from local community events all the way to the Kentucky State Fair. If you are interested in your child becoming involved in the next session, which will take place in the Spring, contact the office to enroll.



BRECKINRIDGE COUNTY



# 4-H AWARDS & AUCTION

**MONDAY, OCT 16, 2023**

**COME CELEBRATE WITH US!**

SILENT AUCTION - 6:00 PM CT  
LIVE CAKE & PIE AUCTION - 6:30 PM CT  
AWARDS TO FOLLOW  
CAKE & REFRESHMENTS WILL BE SERVED

Breckinridge County Extension  
Community Building  
1377 S HWY 261  
Hardinsburg, KY

**RSVP by Sept 28**  
**2707562182**

In appreciation to the Breckinridge County Kentucky Farm  
Bureau Board, Breckinridge County Farm Bureau Insurance, and  
Tractor Supply of Hardinsburg. Thank you!

## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.



4-H TRAILBLAZERS CLUB AND  
BRECKINRIDGE CO HOMESCHOOL GROUP  
PRESENT

# FALL FUN DANCE

LIGHT  
SNACKS

SINGING &  
DANCING

COSTUMES  
WELCOME

BRECK CO. EXTENSION  
OFFICE COMMUNITY  
BLDG

27 OCTOBER, 2023  
5-7PM

5-6PM HOMESCHOOL *EARLY ACCESS*  
6-7PM ALL 4-H FAMILIES



# 4-H Livestock Club

2023-2024

6PM

Breckinridge County Farmers  
Market Building

OCT  
10

## INTRODUCTION

Officer Elections, Rules, Expectations, and Enrollment

NOV  
16

## ETHICS & PREMISE ID

Show rules, ethics, tagging, and premise ID

DEC  
12

## PIZZA PARTY

Educational movie and Pizza Party

JAN  
18

## YQCA

Youth Quality Care of Animals Training

FEB  
20

## NUTRITION & SELECTION

Feed ID, Nutrition, Confirmation and Selection

MAR  
28

## DISSECTION

Anatomy and Dissection Lab

APRIL  
TBA

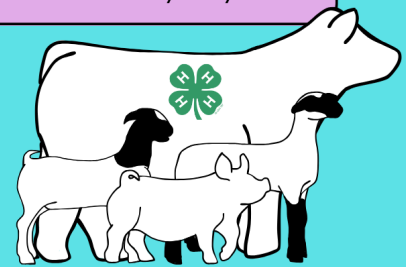
## FIELD TRIP!

## Educational Hours Required

All 4-H youth ages 9-18 showing livestock must achieve 6 hours of education through approved 4-H programs. Each 4-H Livestock Club Meeting counts as 2 hours.

## Contact

Anna Denny  
Extension Agent  
4-H Youth Development  
270-756-2182 Anna.Denny@uky.edu



# ART CLUB

Join us for our first meeting  
October 10th 6 CT

In the Farmer's Market Building

Introductions, officer elections, 2023 project planning, club business and a fun and easy to starter project, putting our own.....



...Spin on the  
Color Wheel!



# Pumpkins & Pastels



October 23, 6PM CT

**4-H Members  
ages 9-18**

**Create a fall-themed  
chalk pastel  
masterpiece!**



RSVP at 270-756-2182



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# ADULT LEADERS NEEDED **VOLUNTEER!**

## Our Animal Science Programs need you!

To offer animal science program as part of the Breckinridge County 4-H program, we must have in place volunteers serving as the role of a certified volunteer leader (CVL). Certification is required for the following animal science programs:

- Livestock (includes beef cattle, goats, hogs, sheep, country ham, and meats)
- Dairy
- Horse
- Poultry
- Rabbit
- Dog

## How to become a CVL

To become a CVL, a volunteer must

- be an approved volunteer through the extension office
- Complete a volunteer orientation course
- Attend a virtual certification course specific to the program area they are leading.
- Complete an annual update to maintain their certification



People volunteer in many different ways depending on their interests, their skills, and the time they can devote to 4-H.

## As a 4-H Volunteer you might...

- Help 4-Hers develop life skills by leading a 4-H project in a subject area that excites you—forestry, fishing, fashion, foods, farm animals, and many more project specialties.
- Teach workshops at a summer camp or special event for youths or military families. Share your favorite hobby or skill.
- Judge at the county fair or at livestock events.
- Manage a 4-H community club.
- Help with 4-H fundraising.
- Teach horse projects or work at horse events or contests.
- Become a certified shooting sports instructor.
- And much more!

### Ready to get started?

Contact the Breckinridge County Cooperative Extension Service Office at 270-756-2182 or stop by the office at 1377 S HWY 261 in Hardinsburg.



# PURSUE YOUR PASSION WITH 4-H!

# DELIVERY METHODS

## Community Clubs

Club members meet as a group on regular schedule under the direction of an adult leader with a planned program. Clubs typically have elected officers and a set of rules approved by memberships to govern the club. They typically meet in the evenings and offer self-chosen multiple learning experiences and activities.

## Afterschool Club

Club members meet as a group on a regular schedule under the direction of an adult volunteer with a planned program. They are organized within after-school programs administered by extension staff or other organizations. They set the above definition of a 4-H club and the youth and staff identify themselves as 4-H members and volunteers. They may have officers and elements of a club structure.

## SPIN Clubs

Special interest and short-term programs (SPIN clubs) include groups of youth meeting for a special learning experience that involves direct teaching by Extension staff or trained volunteers. Programs are not part of the school curriculum and not restricted to members of 4-H clubs. These clubs meet at least six hours.

## Camping

4-H Camping programs are an extension-planned educational experience with groups living outdoors. Overnight camping includes being away from home at least one night.

## Individual Study

Youth can participate in a 4-H project independently when there is not a project club for that specific project

## School Enrichment

School-aged youth receive a well-planned sequence of learning experiences during regular school hours.

## Check out all these projects/topics 4-H has to offer!

Aerospace	Land Judging
Animal Science	Leadership
ATV	Leather
Baking	Mental Health
Beef	Needlework
Bicycle	Nutrition
Biotechnology	Painting
Childcare	Performing Arts
Civic Engagement	Personal Development
Clothing	Personal Safety
Community Service	Petroleum Power
Country Ham	Photography
Crochet	Physical Health
Crops	Physical Science
Dairy	Plant Science
Diversity & Inclusion	Poultry
Dog	Printing
Drawing	Public Speaking
Electricity	Quilting
Entomology	Rabbit
Environment	Robotics
Fiber Arts	Sculpting
Financial Education	Sewing
Food Preparation	Sheep
Food Preservation	Shooting Sports
Forestry	Singing
Geology	Soil Science
Geospatial	Soil Science
Goats	Sorghum
Graphic Design	Swine
Hay	Tobacco
Heritage Arts	Veterinary Science
Home Environment	Volunteerism
Honey	Water
Horse	Wheat
Horticulture	Wildlife
Jewelry	Wood Science
Knitting	Work Force Preparation

& so much more!



# BRECKINRIDGE COUNTY 4-H FUNDRAISING

## TSC invites 4-H to their 85th Anniversary Event! Saturday, October 21st

Tractor Supply has been a proud supporter of 4-H nationwide and here in Hardinsburg, Kentucky for our local program. The team at the Hardinsburg Tractor Supply has invited Breckinridge County 4-H to set up booths in front of their store for their 85th anniversary event on **Saturday, October 21st**.

This will be a great way to recruit new members and volunteers, as well as fundraise for your club!

If your club is interested in setting up a booth, please reach out to Anna at [Anna.Denny@uky.edu](mailto:Anna.Denny@uky.edu) or 270-756-2182.



## Fall Paper Clover Campaign

The Fall Paper Clover Campaign is back! October 4th through 15th, 100% of funds raised through this fundraiser benefit 4-H and the youth they work with 90% of donations directly supporting the 4-H youth in the state it was raised, and the remaining 10% supporting national 4-H programming.

## Breckinridge County 4-H T-Shirts

Breckinridge County 4-H will be selling t-shirts. Each t-shirt is \$20. Checks are payable to the Breckinridge County 4-H Council. Order forms and payment are due by November 15.



Help Support  
our Youth!

# Breckinridge County 4-H

Name \_\_\_\_\_  
Email \_\_\_\_\_ Phone \_\_\_\_\_

Each T-Shirt is \$20. Make checks payable to Breckinridge County 4-H Council. Order forms & payment are due by November 15th.



Youth Medium	Youth Large	Adult Small	Adult Medium	Adult Large	Adult X- Large	Adult 2X +\$2.00	Quantity	Cost

Total \$

Paid on	Check #	Cash
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Agriculture and Natural Resources  
Rural and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Lexington, KY 40506



# BRECKINRIDGE COUNTY LOCAL PROJECT CLUBS



## Art Club



Let's get creative! This club will explore the wonderful world of art. Fiber arts, painting, drawing, and more! All youth ages 9 through 18 are welcome.

## Country Ham Club

This club begins in November and ends at the Kentucky State Fair. Hams are judged at the state fair while the 4-Hers give a three to five minute speech on their experiences in the project. The 4-H Country Ham Project not only teaches Kentucky's youth about where their food comes from, but also teaches them about our food heritage. Open to ages 9-18.



## Homeschool Club



Open to homeschooled youth ages 9 to 18. Member-led meetings with engaging lessons that cover a variety of program areas.

## Livestock Club



Open to youth ages 9 to 18 who are interested in learning about livestock care, career opportunities, and showmanship skills. Youth who show livestock must attend 6 hours of instruction.

# BRECKINRIDGE COUNTY LOCAL PROJECT CLUBS



## Poultry Club



Learn about nutrition, physiology, genetics, record keeping, production and health management. Participation in competitive events

teach sportsmanship, and character. Because a poultry project involves living creatures, it requires regular care and management developing these life skills in the participants.

## Rabbit Club

An exciting way to share the lessons learned from animal science projects with youth from any background whether they live on a farm or in the city. Members learn skills to care for and show rabbits, while developing leadership, communication, responsibility, and cooperation.

**The next meeting will October 19 at 6:00 PM CT in the Farmers Market Building.**



## Shooting Sports Club



The purpose of this club is to give instruction, advice and guidance in the safe operation of firearms and bows and to make opportunities available for youth development. The program is to provide a knowledge base, skill development and wholesome attitude about safely handling firearms, recreational shooting, citizenship, scholarship and leadership.

## Treble Chorus



Open to grades 2-6. Participants will not only learn to sing and perform, but they will engage in valuable lessons, such as community service, public speaking, performing arts, leadership, and teamwork. Rehearsals will resume in the Spring.



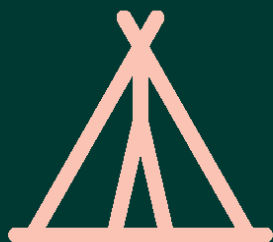


# IT'S **PAPER CLOVER** TIME!

October 04 - 15

**2023**

Funds support 4-H camp and leadership activities.



*An equal opportunity organization*

# BRECKINRIDGE COUNTY

**How can we  
serve you?**

Take a ten-minute  
survey to help us develop  
programs addressing  
needs in our community.



**[go.uky.edu/serveKY](https://go.uky.edu/serveKY)**

**KENTUCKY**    
**COOPERATIVE EXTENSION**

## Connect with Us!

### **Breckinridge County Extension Office**

1377 South Highway 261  
Hardinsburg, KY 40143  
Phone: (270) 756-2182

### **Office Hours**

Monday through Friday  
8:00 AM - 4:30 PM CT

### **Anna Denny**

Extension Agent, 4-H Youth Development Education  
[anna.denny@uky.edu](mailto:anna.denny@uky.edu)

### **Website:**

[breckinridge.ca.uky.edu](https://breckinridge.ca.uky.edu)

### **Facebook:**

[facebook.com/breckinridgeextension](https://facebook.com/breckinridgeextension)

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**4-H Participant Information/Enrollment Form** (NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: \_\_\_\_\_ County/Area: \_\_\_\_\_  
 Preferred Name: \_\_\_\_\_ School Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Grade: \_\_\_\_\_  
 4-Her Phone: \_\_\_\_\_ 4-H Year: \_\_\_\_\_ Gender: Female Male  
 4-Her Email: \_\_\_\_\_  
 Residence:  
☐ Farm ☐ Town < 10,000 or Rural Non-Farm ☐ Town/City/Suburb 10,000-50,000 ☐ City/Suburb >50,000 ☐ City– Central >50,000  
 Race (please choose more than one if applicable): ☐ American Indian ☐ Asian ☐ Black ☐ Native Hawaiian or Pacific Islander  
☐ White ☐ Prefer Not to Say Not Listed: \_\_\_\_\_  
 Ethnicity: Hispanic Non-Hispanic \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_

Parent/Guardian 1: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No  
 Parent/Guardian 2: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 Email: \_\_\_\_\_ Emergency Contact? Yes No

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

**Health History**

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

	Yes	No
1) Asthma .....	<input type="checkbox"/>	<input type="checkbox"/>
2) Bronchitis.....	<input type="checkbox"/>	<input type="checkbox"/>
3) Convulsions.....	<input type="checkbox"/>	<input type="checkbox"/>
4) Diabetes.....	<input type="checkbox"/>	<input type="checkbox"/>
5) Ear Infection.....	<input type="checkbox"/>	<input type="checkbox"/>
6) Fainting.....	<input type="checkbox"/>	<input type="checkbox"/>
7) Heart Condition.....	<input type="checkbox"/>	<input type="checkbox"/>
8) Headaches.....	<input type="checkbox"/>	<input type="checkbox"/>
9) Hypoglycemia.....	<input type="checkbox"/>	<input type="checkbox"/>
10) Serious Allergy to Insects.....	<input type="checkbox"/>	<input type="checkbox"/>
11) Serious Allergy to Nuts.....	<input type="checkbox"/>	<input type="checkbox"/>
12) Serious Allergy to Gluten.....	<input type="checkbox"/>	<input type="checkbox"/>
13) Serious Allergy to Dairy.....	<input type="checkbox"/>	<input type="checkbox"/>
14) Wear Glasses/Contacts.....	<input type="checkbox"/>	<input type="checkbox"/>
15) Other Conditions.....	<input type="checkbox"/>	<input type="checkbox"/>
16) Other Allergy (please explain) .....	<input type="checkbox"/>	<input type="checkbox"/>

Please explain any “yes” responses, including medications taken for any conditions:

Please explain any restrictions (dietary, physical, etc):

Social, emotional, and/or behavioral health information:

The following over the counter medications may be administered to my child without contacting me:

☐ Antihistamine Pill ☐ Antacid ☐ Ibuprofen (Advil) ☐ Hydrocortisone Cream  
☐ Acetaminophen (Tylenol) ☐ Decongestant ☐ Dramamine ☐ Polysporin (topical antibiotic)

**Medical Treatment**

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Publicity Release**

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

**SIGNATURE OF /GUARDIAN:** \_\_\_\_\_ ☐ **NO, I do not permit**



# 4-H Youth Development CODE OF

## CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

### 4-H ENROLLMENT FORM

Please bubble the clubs you are interested in below. The 4-H newsletter will include dates of club meetings and activities. We'll also send information out about clubs/activities to those who indicate interest once they are ready to begin. Once you have returned this enrollment form you may begin attending meetings. 4-H Age is 9-18 as of January 1, 2023 and Clover Buds are for ages 6 to 8 as of Jan. 1, 2023.

Cloverbuds

Art Club

Country Ham Club

Home School Club (Trailblazers)

Poultry Club

Rabbit Club

Shooting Sports Club

Treble Chorus

Exploring 4-H

Livestock Club

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

#### WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

1. Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
2. The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
3. Possession of firearms not for educational use is prohibited.
4. Setting off fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
5. Gambling of any type is prohibited.
6. Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
7. Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
8. Display of overly affectionate or inappropriate attention between participants is prohibited.
9. Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
10. All clothing shall be neat, clean, and acceptable in repair and appearance and shall be worn within the bounds of decency and good taste as appropriate for 4-H events. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited. Each county may adopt additional Code of Conduct guidelines.

#### WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

1. All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
2. No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
3. At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
4. Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense
- Barred from participation from future 4-H events
- Assessed the cost of damages for destruction of property

I, \_\_\_\_\_ have read the Code of Conduct and agree to abide by its rules. By signing this document, I acknowledge that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member/Volunteer

County:

Parent/Guardian

Date:

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